

## JULY – AUGUST NEWSLETTER



The Dean: The Very Revd John Dobson DL Canon in Residence: Canon Matthew Pollard (July)
Canon Wendy Dalrymple (Aug)

Cathedral Office: 01765 603462 Website: www.riponcathedral.org.uk

#### A NOTE FROM THE DEAN



#### Rejoicing in the life-enhancing gifts of many

#### Young singers of Ripon

'Somewhere over the rainbow...' It's a lovely song, not least in how it was sung by Martha Owen, opening the Thursday Lunchtime Concert given by many of our young choristers, all tutored by the gifted Matthew Lennox, one of our Lay Clerks and our voice coach. All the participants gave stunning performances, to the delight of the large audience which filled and overflowed from the Quire. I was particularly pleased that the programme included 'A nightingale sang in Berkely Square' – one of my favourites!

All the young performers revealed their own remarkable gifts. They also betrayed the serious skill of tutors as well as the empowering and encouraging culture to be found in the music department here at Ripon Cathedral. We are extremely fortunate! As Canon Michael reports in the Newsletter, we are saying good-bye to a number of our choristers as the academic year draws to a close. We are grateful to them and to all who lead and participate in the life of our music department. The wonderful thing now, with the innovations introduced by Dr Ronny Krippner in recent years, is that choristers can continue within our choral foundation as choral scholars. We also say thank you and goodbye to our Assistant Organist, Alastair Stone and wish him well for the future.

At the end of another incredibly successful choir year, we do well also to say a very big thank you to Dr Krippner, all our musical staff, and all who sing in the various choirs. As one dean commented at a recent national meeting, music is at the heart of the worship and life of our great cathedrals. I would add that it is not to be taken for granted!

I want also to thank the parents of our choristers who, like their gifted children, show incredible levels of commitment and support, not least in being prepared to turn up to the cathedral at 7.30am for pre-school rehearsals. This is a very high calling at any time of the year, but especially in the middle of winter.

It is testament to the popularity of the choir, and the level of support for it, that a large number of people are planning to join us for their summer sojourn at Westminster Abbey. This will be different in feel from last year's Bavaria tour, but still requires much detailed planning and careful management. I look forward to seeing all

those who will take the opportunity to be in Westminster Abbey for one of the services sung by Ripon Cathedral Choir. Of course, even more of us can enjoy the choir's summer concert here in the cathedral on 5<sup>th</sup> July.

#### Spiritual gifts and vocations - we all have them

Our recent celebrations of Pentecost, recalling the outpouring of God's Holy Spirit on the infant Church 50 days after Christ's resurrection and 10 days after his ascension, also prompted us to think of gifts – the gifts of the Spirit. In his first letter to the Corinthians, St. Paul could write,

'Now concerning spiritual gifts, brothers and sisters, I do not want you to be ignorant... Now there are varieties of gifts but the same Spirit, and there are varieties of services but the same Lord, and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of powerful deeds, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.'

St Paul goes on to suggest that the Church is like one body, made up of many parts, each having its own distinctive, important role. The gifts he lists may be regarded as spiritual, different from natural skills. But all our life-giving, life-enhancing skills and talents result from God's gifts and presumably thereby have a spiritual dimension. The people who are thrilled by the singing of our young choristers - and older choir members! – seem ready to accept this proposition. The choristers, of course, remind us that we still have to work hard to make the most of them, being prepared to learn and to practise.

In the Church we speak of vocation, the particular way in which God calls each one of us to use the gifts he has given us to become our best selves and to do what we can to further his kingdom. For some, their vocation is focused most on the life and ministry of the Church – such as ordained ministry, lay leadership, or taking on an invaluable role such as churchwarden, select vestry members, providing hospitality, sidesperson and so on. For others, the focus is more in the world, relating to important things such as the care of family, career, or support of a charity. For all Christians, our vocation as a baptized member of the Church, becoming the flourishing human being God wants us to be, will include a range of dimensions. Sometimes we need a prompt from others, and the courage to be brave, to discover those gifts and talents we would never have recognised by ourselves.

#### St Peter and Anna

On the day this Newsletter is published, 29 June, we are celebrating one of our two patronal festivals, the Feast of St. Peter the Apostle. This is one which is often associated with people being made deacons and ordained priests.

Ripon Cathedral has been dedicated to St. Peter since St. Wilfrid chose this prominent leader of Jesus' disciples to be patron of his magnificent church here. From the 10<sup>th</sup> century, the cathedral has also been dedicated to St. Wilfrid, and so has had two patron saints. As we celebrate St. Peter, we can all reflect on the lessons to be learned from him about discovering our calling.

The New Testament reveals how enthusiastic and impulsive Peter was. Often speaking for the disciples, he so naturally reflected their lack of understanding. On one famous occasion, up in the far north at a place called Caesarea Philippi, Jesus asked the disciples who they thought he was. 'You are the Messiah, the Son of the living God,' confessed Peter – showing that they were making progress. And Jesus made clear this faith would be the foundation of his Church – on this rock he would build his Church. But then, when Jesus spoke of his forthcoming suffering, Peter showed he couldn't cope with that prospect, resulting in Jesus then saying to him, 'Get behind me Satan'. This all seems extreme.

It was Peter who said he would never deny Jesus, only to deny him three times before the cock crew – as Jesus foretold. And yet it was the same Peter who rushed to see the empty tomb, who was forgiven and restored to grace by the risen Christ, who was prepared to suffer imprisonment in his attempts to share the good news of Christ with others, and who eventually was martyred in Rome for his steadfast faithfulness to Christ.

Little wonder the Church often chooses the time around St. Peter's Day for ordinations. 12 Priests have just been ordained across the five Episcopal Areas, and by the time we celebrate our patronal festival, the Bishop of Leeds will have ordained 13 deacons for the whole diocese in Wakefield Cathedral, including Ripon Cathedral's new curate, Anna Boyce.

We pray for Anna and welcome her warmly into the life of Ripon Cathedral. She joins us as a self-supporting minister (i.e. she doesn't receive a stipend) and continues to fulfil another significant part of her personal vocation, that of being a consultant child psychiatrist within the NHS.

As we celebrate one of our two patronal festivals, may all of us who are in any way part of Ripon Cathedral, be inspired by St. Peter's devotion and commitment to Christ – despite the challenges of human frailty – and seek to take the transforming good news of Christ to heart, sharing it with others through our words and actions.

With all good wishes, Dean John

#### Introducing our New Curate – The Rev'd Anna Boyce

Anna trained part time at St Hild's Theological College, whilst working in the NHS in young people's mental health and as chaplain at Holy Rood House in Thirsk. She will serve her curacy at Ripon Cathedral as a self-supporting minister, continuing in her professional role within the health service and in her voluntary role at Holy Rood House. She will be with us at the cathedral on Fridays and Sundays. We are delighted to welcome her and look forward to working with her.



#### NEWS FROM THE MUSIC DEPARTMENT

The choir year is coming to an end, and, at the start of July, we say 'Goodbye' to 7 choristers who will be heading into Year 9 in school in September. This is always a poignant moment as those who were admitted to the choir in Year 4, or possibly even earlier 'graduate'. Having gained a wonderful experience of being involved in the choir; learning music; working together as part of a team; making lifelong memories, they take their next step in life, and we hope and pray that the love of music instilled in the early years will last a lifetime. It is so encouraging to hear of memories for those who return for Alumni events of their memories of the choir some 50 years ago.

Of course, some may be offered voice trials and possibly be invited to stay on as Choral Scholars, but others may take the opportunity having had a choral foundation laid in their lives to explore other avenues of activity as GCSE's approach.

Before all that though, the final touches are being put in place for the exciting choir tour to London. The boys and girls will sing 4 Evensongs between them along with a Sunday morning Eucharist towards the end of July. Staying in a London Youth hostel, and seeing some of the sites, including the Natural History Museum and the Science Museum, as well as singing in Westminster Abbey promises to be an unforgettable experience.

This all happens after the end of term which sees the Choir Concert, and the final Evensong with chorister leaving ceremonies. This marks the end of another successful year of music at the cathedral, with two concerts; the production of a CD; the recording of more material for another CD; singing with the chapel choir at Ampleforth; and singing in Ripon alongside choristers of Peterborough Cathedral. This, of course, is on top of core business of the choir which is supporting the worship of the cathedral in six services a week.

At the time of writing, recruitment is happening with places being potentially offered to new families to take up places as probationers in the choir.

Thank you to all those who have supported the choir this year and offered encouragement to staff and choristers, choral scholars and lay clerks. The Dean and Chapter offer their heartfelt thanks to Dr Ronny Krippner as Director of Music, Tim Harper as Assistant Director of Music, Mr Alastair Stone as Assistant Organist, who leaves this summer for pastures new, Laura Jones as the person who manages so much of the admin burden in the office and Adriane Pollard, Wendy Brian and Anna Gisbourne as Chorister Supervisors. The Lay clerks have been a great support this year, each in their own way encouraging the youngsters and helping as the reliable foundation for an excellent choral year. Roll on 2025-2026!

Canon Michael Gisbourne.

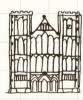
## CHILDREN'S CHURCH AND LITTLE CHILDREN'S CHURCH

On Sunday mornings (school term time only) during the 10.30 Eucharist, join us for Bible stories, songs, games, crafts and prayer. New children are really welcome, and we always have lots of fun together!

Children's Church is for age 6+ Little Children's Church is for age 0-6 (Children under school age must be accompanied by an adult)

To find out more please contact

BethWickenden@riponcathedral.org.uk



RIPON Cathedral





# JOIN US THIS SUMMER







Children and Family Activities

Tuesdays, 10:30am-12pm

22<sup>nd</sup> July Seas of Creation. Fishy mosaics

29th July Creative Crosses. Embellish & embroider

5th August Sea of Galilee. Junk model stormy seas

12th August Tree of Life. Fruity fabric prints

19th August Hidden Treasure. Shiny decoupage shells

26th August Birds of the Air. Beautiful birds & tremendous trees

£3 per child (to include all crafts and refreshments).

Email bethwickenden@riponcathedral.org.uk for more information and to book your places.

riponcathedral.org.uk

#### NEWS FROM THE EDUCATION OFFICER

## God and the Big Bang Workshop with 92 Year 5 and 6 Primary School pupils on Tuesday 20<sup>th</sup> May

Pupils attended from 3 Primary schools;

Killinghall CE Primary; Sharow CE Primary; Dacre-Braithwaite CE Primary

Pupils were so engaged and attentive in the big questions about the Universe discovering, discussing and debating the compatibility of science and faith through this workshop within the Cathedral led by 3 Scientists:

George Lorimer pictured sharing how he holds faith as a Computer Scientist. He is currently studying for a PhD in Manchester University researching cryptocurrency where is aims to create a system that eliminates the negative uses of the technology in order to improve public perception. He wishes to use his skills in research to better society by furthering what we know as a species for the generation to come.

Francesca Blondell also led a session with pupils. She completed her undergraduate degree in physics at Durham and is currently studying for her PhD at Durham in quantum simulation with ultracold molecules. She shared with pupils how the beauty she sees in molecules increases her faith in God.

Abi Falkus also led a session which focused on Evolution. She works full time for the God and the Big Bang project. She specialised at Exeter in Biological Sciences and then studied climate science at King's College London,

Teacher Nick Thackray commented, 'The Scientists delivering the workshops were excellent.' Teachers shared how much pupils entered into discussions and asked very thought provoking questions about God and the Universe.

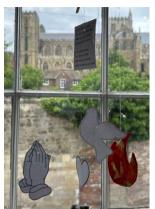


#### NEWS FROM THE CHILDREN AND FAMILIES OFFICER

#### Children's Church



During May and June in Children's Church we have focussed on the Resurrected Jesus and his Ascension; on Pentecost and the Trinity. Amongst these massive pillars of our faith we have interwoven some of Jesus's parables: as he reassures us that we are known and will hear His voice; that we will gain a great pearl of peace,



unlike anything that the world can offer; and that in following Him we will learn to love each other and be known by that love. We have had lots of fun and created many wonderful crafts!

#### Cathedral Club

At Cathedral Primary School we have continued to have lots of fun each week in Cathedral Club (our weekly after-school club for Y3 and Y4). We have heard the Parables of the Mustard Seed, the Sower, the Great Pearl, and the Good Shepherd. And we have had some wonderfully creative responses to those parables! We have now taken a break for the second half of the summer term (as the children focus on class trips and end-of-year shows!), ready to re-start with a new group in September.









#### May half-term activity morning

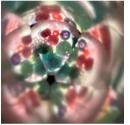
During May half-term we gathered in the cathedral to get inspired by stained glass! We explored some of the windows, as well as the exhibits in the William Morris exhibition, and thought about the stories they might be telling. Then, inspired by the top of the Great East Window, we set about making kaleidoscopes! We also made our own "stained glass" windows using colourful geometric shapes.

















Thanks, as ever, go to our wonderful Children & Families volunteers, who give so much of their time and creativity to this ministry.

## GROWING GREENER – RIPON CATHEDRAL ENVIRONMENT NEWS

#### PLANNING APPLICATION for 90 SOLAR PANELS APPROVED

On 14/3/2025, North Yorkshire Council approved the Ripon Cathedral application for 90 solar panels on the library and south aisle roofs. This is good news as it will make the Cathedral more sustainable in the future.

Money for this project will have to be raised with the congregation's support. The panels will contribute 25% of the Cathedral electricity costs and help Ripon Cathedral on the journey towards the Church of England's target of Net Zero Carbon 2030.

#### CHURCHES COUNT ON NATURE EVENT - Saturday 7th June 8.00am

#### How it counts up in the beautiful Cathedral grounds and gardens

Starting at 0800 hours to catch the early birds, a small team counted species in the Cathedral grounds. Frances Cole, Judith Hooper, Robert Adams (of High Bats Nature Reserve) and Dorothy Gray, worked in pairs to survey the grounds. If a species was observed that was not known, then identification was made using the iNaturalist app. This is free and easy to install and use.

It was showery but mild so, equipped for rain or shine, we set off. We were rewarded with sightings in all categories. Amongst the species we observed were:

- Birds from Chiffchaffs to Common House Sparrows
- Trees from Limes to Ornamental Conifers
- Shrubs from Honeysuckle to Variegated Weigela
- Flowers from Wild Strawberry to Trefoil
- Grasses from Goose Grass to Common Sedge
- Mosses and Lichens Harts Tongue Fern to Spleenwort
- Mammals Grey Squirrels.
- Insects and Butterflies Housefly to Harlequin Ladybird



#### A total of over 50 distinct species was seen and noted.

Following our recordings, we went inside to shelter from the rain and had a cuppa. Over refreshments we discussed our findings. Ideas for improving diversity of species included planting of more shrubs with berries to attract birds. A bird nesting box was spotted in the grounds. Other suggestions for sustaining and improving the current stock is to remove tree seedlings like sycamore while potting up oak seedlings for planting out when viable.

The baseline of species will be reviewed in future years by the Eco Action Group. A full report on the event along with recommendations will be presented to the Growth Committee for consideration. Dorothy Gray June 2025

#### **CANON MATTHEW at RIPON TOGETHER MEEETING for RIPON BUSINESSES**

On 4<sup>th</sup> June, The Eco Committee of Ripon Together, Ripon Bid and Ripon Races organised an event for the Ripon business community to hear how to incorporate green energy solutions into their businesses and save money. The sponsor was Harrogate based sustainable energy consultants, Energy Oasis. <a href="https://www.energyoasis.org.uk/about-us">https://www.energyoasis.org.uk/about-us</a>



#### Canon Matthew reports -

I spoke of how it was possible to implement green energy saving measures even in the face of significant constraints. If you were retrofitting a C20th house to make it energy efficient, you would do the following:

- fit double or triple glazing we can't do that (although we do have a very limited amount of secondary glazing)
- lag your loft with insulation it is impracticable to lag the roof voids at the Cathedral
- put in cavity wall insulation we haven't got any cavities in our walls
- clad internal walls with insulative materials we cannot obscure the significance of our mediaeval walls
- instal air source of ground source heat pumps air source heat pumps are impracticable for the building; British Geological Survey has said there should be no boring for ground source heat pumps in Ripon because of the prevalence of dissoluble gypsum
- place PV solar panels on as many south facing roof areas as possible regulators have indicated that the visual impact of panels would be unacceptable on most of our potentially available roofs.

However, this is not a message of despair. It is still possible to achieve considerable gains.

1. Ripon Cathedral has obtained Local Authority planning permission and Cathedral Fabric Commission for England consent to instal 90 PV solar panels on the Cathedral Library roof and on the nave south aisle roof. These can be installed as soon as funding is available.

Once installed, they will generate a whopping 25% of our electricity requirement.

- 2. Ripon Cathedral has installed LED bulbs which have reduced electricity consumption by an incredible but true 80%
- 3. Ripon Cathedral promotes biodiversity through setting aside part of the churchyard as a wild flower meadow and holds events such as Churches Count on Nature and exhibitions in the Cathedral about living sustainably.

## SIGNIFICANT LOCAL BUSINESSES SHOWCASED A RANGE OF ENERGY SAVING TECNIQUES

- **Energy Oasis** demonstrated how businesses can use data to manage energy consumption and reduce both carbon footprint and overheads.
- The National Trust's sustainability strategy at Fountains Abbey includes waste reduction, smart water usage, and solar panels with an expected 11-year payback.
- Newby Hall's water turbine contributes significantly to their electricity supply.
- **Swinton Estate's** comprehensive environmental approach across 20,000 acres, includes biomass heating, a planned 430kW solar array, and a commitment to plant 60,000 trees over 20 years. Efforts extend to thoughtful waste management, sustainable toiletries, and local food sourcing.
- North Yorkshire's Climate Change Champion, David Hugill, gave an overview of regenerative farming, linking sustainability with better animal welfare, soil health, and biodiversity.
- Canon Matthew showed Ripon Cathedral's progress, despite the constraints of a
  historic building. Initiatives include installing double glazing where appropriate,
  switching to LED lighting, and securing permission for 90 rooftop solar panels.
- York & North Yorkshire Council closed the session with a summary of current grant opportunities for local businesses.

#### **UN GLOBAL PLASTICS TREATY**

Plastic pollution exacerbates the deadly impacts of the triple planetary crisis: the crisis of climate change, the crisis of nature and biodiversity loss, and the crisis of pollution and waste. Globally, an estimated 11 million tonnes of plastic waste leak into aquatic ecosystems each year, while microplastics accumulate in the soil from sewage and landfills, and from the use of plastics in agricultural products.

World Environment Day 5/6/2025 came as countries progress towards securing a Global Treaty to end plastic pollution, In November 2024, the Republic of Korea



hosted the fifth session of negotiations which failed to achieve a consensus due to the intransigence of oil producing countries.

The second part of the session will take place from 5 to 14 August in Geneva, Switzerland. Please pray for a successful and meaningful treaty. Without a worldwide agreement with legal status, the pollution and desecration of the natural world looks set to continue.

#### FROM THE CHURCH OF ENGLAND ENVIRONMENT TEAM

New report highlights impact of net zero ambition on energy costs Churches across the country are reporting saving money on their energy bills after making changes to their buildings to lower their carbon emissions, a new report out today reveals.

The latest <u>Net Zero Carbon 2030 Impact Report</u>, covering the period from January 2024 to December 2024, highlights stories from churches and cathedrals who have installed solar panels, LED lighting, heat pumps and more - with many saying they have experienced unexpected lower energy bills and wider engagement with their local communities.

#### HAVE YOU TRIED NO MOW MAY - JULY?

Have you noticed a decline in hoverflies, bees and other insects?

In spring 2024, I decided to experiment with only mowing a small area of our grass – a strip through the middle and the edges. Originally this was only for May, but it took until July for the grasses to flower and seed. As the grass grew longer, I noticed an increase in insect life and I loved the way the wind moved the seed heads. Eventually it was time to mow. I was astonished how quickly the grass recovered.

This year my garden is even more wild and I'm hoping to spot lots of bumble bees. Ros Swaney, PEO



#### **'C3: CATHEDRAL COMMUNITY CONNECTIONS**



Ripon Cathedral is committed to supporting our community through partnerships with local charities. Contact C3@riponcathedral.org.uk or 01765 603462



**Jennyruth Workshops** continues to be very active, with some lovely new items being added to its extensive range of products.

If you think Buckingham Palace hosts wonderful Garden Parties, Jennyruth is not to be outdone! At the beginning of June, the staff and workers hosted a Garden Party for all the volunteers. The sun shone on a wonderful occasion, with amazing food, fun and laughter. Long-service awards were presented to volunteers who had served for 20 years and more (a glittery, golden wren!), and everyone else received a wren, whether they had been at Jennyruth for many years or just one. The occasion was amazing and it is going to become a regular feature in Jennyruth's calendar

**Come and See Jennyruth Workshops in Action!** You can see the amazing products made by Jennyruth Workshops at two upcoming events:

- The Great Yorkshire Show Visit their stall from 8th to 11th July.
- **Ripon Theatre Festival** Look out for the **unique hats** designed and created by the Jennyruth workers!

If you are wondering about giving a couple of hours a week to a charity, you would not go wrong by joining the wonderful team at Jennyruth. To see a flavour of the workshop and how you might volunteer there go to:

https://www.jennyruth.co.uk/e-magazine



#### RIPON DISABILITY FORUM

The Forum is about to go live with their new online website 'Ripon Accessible Yorkshire' with information and details about the location of disabled-accessible toilets, dropped kerbs for wheelchair access around the city, and details about accessible cafes and shops in Ripon. This is a major piece of work and will

be of huge benefit to anyone with a disability who wishes to visit or to live in Ripon and the surrounding area. More information about this new website tool to be included in future issues of the Ripon Cathedral newsletter.



## **RIPON YMCA 01765 607609.** info@riponymca.org To support the work of the Ripon YMCA you could:

- Make a donation of products for our tenants washing up liquid, sponges and blue cloths are always handy. You can leave these at the baskets at the West Door of the Cathedral or at the YMCA Charity Shop next to Booths.
- Visit and shop at the YMCA charity Shop. They receive a profit share from all the YMCA shops across the country



- **Become a volunteer or Trustee** more info on the website.
- Join their **Room Sponsor scheme** and make a regular donation to support a tenant at the Ripon YMCA

#### Our Food Banks have now expanded!

The donations left in the boxes at the West End of the Cathedral will now be divided between THE SALVATION ARMY and THE TENANTS AT THE RIPON YMCA



Please GIVE GENEROUSLY to those in need of FOOD and essential items such as soap and other personal hygiene, washing up liquid, UHT milk,

cleaning products, pasta and sauces, tuna, tinned meats, rice, etc. Chocolates and Sweet Treats are also welcomed!



Thanks to the generosity of a kind sponsor, 18 local refugee adults and children were able to attend a Ukrainian Fundraiser, where they took



part in a walking treasure hunt, enjoyed a shared supper, and joined in with the evening's entertainment. It was wonderful to see these new Ripon residents actively participating and feeling part of the community.

In total, an incredible £2,031 was raised in support of Humanitarian Aid Huddersfield to Ukraine.

Thank you to everyone who contributed and helped make the event such a success.



## HARVEST SUPPER

a fundraising event for Christian Aid

in the Cathedral

Saturday 18 October 2025
7pm to 9 pm (admission from 630 pm)
Beetle drive – Raffle – Wine and drinks bar



Ticket price: £12 to include ploughman'ssupper ( or, falafel & humus), dessert Tickets available (card only) from Ripon Cathedral Shop Tel 01765 601347



Waste Not Wednesday

Donated surplus food from local supermarkets, allotments & gardeners.

A selection of meals freshly made each week. We also have dried and tinned goods, fresh fruit & veg, bread and other items.



Every Wednesday 12 - 1.30pm

### **Everyone Welcome**

- 8 Items
- £3.00 per basket
   (payment taken at door)
- All donations welcome



www.RiponCommunityHouse.co.uk

Reception@RiponCommunityHouse.co.uk

Tel: 01765 603631

Location: Ripon Community House 75 Allhallowgate, Ripon, HG4 1LE The Skelldale Singers

## SUMMER

Friday II July 2025

Holy Trinity Church, Ripon

7.30pm

Tickets £12 (£8 under 18)

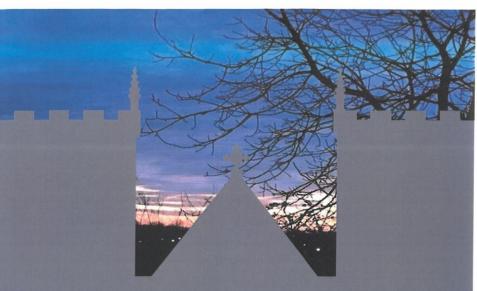
Phone 07785228462/07989484129

01765 690930 (office) & also on the door

Proceeds to



Refreshments available!



## The Bereavement

Journey

Are you grieving the death of a loved one or Struggling with the long-term effects of loss? A seven-session weekly course

Location: Thorpe Prebend House, High St. Agnesgate, Ripon

Date: 24th September 2025 Time: 7-9pm

Topics include:

- attachment, separation and loss;
- the impact of pain of bereavement;
- adjusting to change;
- anger and guilt;
- coping with others' reactions;
- moving on healthily.

For more information or to register an interest in attending please contact:

fionapearman@riponcathedral.org.uk or ring the cathedral office: 01765 603462

RIPON CATHEDRAL

RIPONCATHEDRAL.ORG.UK

## Sponsored trip to St Bernard Monastery on the St Bernard Pass and 2 Peaks in Zermatt Message from Linda Grant

Dear All:

On the 27th July I will be off on my special expedition to Switzerland, firstly travelling by bus, and trains to Manchester Airport, staying one night there and the next day flying into Geneva to then travel by train eastwards, via Martigny and Visp and then to travel south up the long gorge to Zermatt, which is one of my 2nd homes. Here I will stay 3 nights, giving me time to climb the Gornegrat and the Little Matterhorn, which I have completed twice before. My 3 nights in Zermatt will be in the Hotel Parnass, leaving on the 31st July to retrace some of my voyage westwards then southwards, and by at least three different transports to reach the Monastery near the St. Bernard Pass. I shall stay 1 night but have the rest of the 31st and part of the 1st August with the St. Bernard Dogs, before leaving on the complicated journey to Martigny and onwards to Geneve to stay the night. Sat 2nd August I shall fly to Manchester Airport and stay the night there, before coming home by train and bus on the 3rd August.

I do hope you will support me in this venture to be able to divide the total amount between the Monastery and Ripon Cathedral.

I will thank each one of you now for supporting me in this special venture.

As some of you will know, via the grapevine, I always wanted to stay near the St. Bernard's Pass not far away from the original monastery, where the original St Bernard Dogs were bred. They were smaller in stature than the ones you might see in today's world. As Switzerland has been a special place of mine from about 6 years old, this was one of the places that I always wanted to go to. About a month ago someone planted that seed in my thoughts. I decided to investigate the possibility of making the journey to fulfill my dream. Fortunately this has been answered. I also decided to stay beforehand in Zermatt, which was the last place that my late husband was in the mountains. I know to this day, in my heart, that he is in Switzerland doing all the activities he loved, be it climbing, ski-ing or tackling the near impossible linked with Mountaineering.

At present one is working on the remainder of the travel, which is coming together. The last twice I have been to Switzerland I was sponsored to raise money for the largest Mountain Rescue Team connected with dear Jack, situated just south of Lancaster, the years being 2011 and 2019. With this coming visit to dear Switzerland I thought it would be good to try to be sponsored, the money being halved between the St. Bernard Hospice/Monastery and Ripon Cathedral, where I worship.

I am hoping that many people will take this challenge up with me, for these two charities. Besides travelling, the Great St. Bernard Pass is 2'473 m in altitude. The two mountains in Zermatt, the Gornegrat and the Little Matterhorn, which I have been up twice are between 3000m and 4000m in altitude. The Gornegrate always has a member of the local St. Bernard family near the top. In the past I have known Nana and Biscuit.

If you would like to sponsor me in this adventure, please just send your name ,address/ contact details, your amount, and whether you would Gift Aid it. If you need  $^*$  a form I will send you one.

With grateful Christian thanks and blessings,

Linda Grant.

#### CATHEDRAL GIFT SHOP

Opening Hours: Mon-Sat 10-5; Sun 12-5. Tel: 01765 601347

## 'Lighten our Darkness' by Simon Reynolds – hardback £16.50

In the Cathedral giftshop we are stocking a wonderful book called 'Lighten our Darkness' by Simon Reynolds, an Anglican priest who has served in both parish and Cathedral roles including as a succentor at St Pauls Cathedral, London. The book is recommended as 'not only informative but profound in the insights it offers' by Rt Revd Robert Atwell, Bishop of Exeter. The Dean of St Johns College, Cambridge, Canon Mark



Oakley says that 'Simon Reynolds carefully polishes the ancient treasure of Evensong, not to place it in a museum of curiosities, but to ensure its place in the human heart, that part of us longs to sing even as shadows fall.'

It was one of our Guides who brought the book to my attention, she brought in her own copy and let me borrow it. I confess, the photo of Ely cathedral and its gorgeous ceiling on the cover won me over immediately. The pages within didn't disappoint either, and I could see why Claire was so taken by it. She says it 'epitomises the exquisite solemnity of the Evensong service' and the praise is truly deserved. I have seen Claire regularly coming to enjoy evensong here in Ripon Cathedral with our own fabulous choir, set in the quire with its 'wonderful, serene atmosphere' and I know how much she enjoys them. So I offer up a big thankyou to Claire Reid for her recommendation, which I pass on to you.

#### Wilfrid's Networks Lectures by Prof Joyce Hill

Wilfrid enjoyed the benefits of a remarkably wide network of national and international associates. Exploring these networks gives us insights into his world at a personal level.

The first lecture, *Wilfrid's Patrons and Sponsors*, focuses principally on the earlier part of his career, when he needed patrons and sponsors.

The second lecture, *The Saints Whom Wilfrid Knew*, ranges more widely across his life, setting Wilfrid in the dynamic context of the first century of Christianity in England, which produced so many saints.

25 Sept at 7.30: Wilfrid's Patrons and Sponsors 2 Oct at 7.30: The Saints Whom Wilfrid Knew

The lectures are free, starting at 7.30pm. Kindly sponsored by The Friends of Ripon Cathedral

#### SERVICE TIMES

#### Sundays

8.00am Eucharist 9.30am Morning Prayer (said) 10.30am Sung Eucharist 12.30pm Eucharist (BCP)

3.30pm Evensong

#### Weekdays

8.30am Morning Prayer

9.00am Eucharist Monday, Tuesday, Thursday & Friday
10.00am Eucharist Wednesday followed by coffee and mingle

12 noon Eucharist Tuesday, Friday and Saturday 5.30pm Evensong (or said Evening Prayer)

**The Magdalen Fellowship** is an ecumenical group that holds a weekly service of short reflection, silence and prayer at St. John's Sharow every Monday morning at 10:30 am. On the first Monday of the month, there is a Healing Eucharist with a Laying on of Hands. For more information contact John Whelan 01765 647744 or Anne-Marie Tarter 01765-602129

Thursdays (most Thursdays – see the monthly events schedule) 1.00pm Lunchtime Concert in the Quire (free).

#### **Further Information**

For further information on any of the events and services listed or for general information, please contact us on:

Email: <a href="mailto:cathedral.org.uk">cathedral.org.uk</a>

Tel: 01765 603462 (Office) 01765 602072 (Chapter House)

Or visit our website: www.riponcathedral.org.uk.

#### Cathedral E newsletter

If you wish to subscribe to the weekly electronic newsletter, please email Michele Gee michelegee@riponcathedral.org.uk