



Journeying through Lent together

Christian discipleship can be a journey of exploration and discovery, if we wish it to be so. This enriches the journey which is life, giving meaning and purpose, support and direction, comfort and encouragement.

Lent is a season when we are invited to make time to explore and discover new things, to ponder and consider where we stand in our relationship with God, trying out new things which might help to enrich our faith.

The season of Lent started in the early centuries of the Church, as a time of preparation for those who would be baptised and confirmed at Easter. Its spiritual inspiration came from the 40 days and nights spent in the wilderness by Jesus, following his baptism by John the Baptist. It still reminds us of Jesus' perfect example of faithfulness. Though tempted, he did manage to resist the temptations of the devil. Lent invites us to refocus on him, to resist the temptation of those influences and habits which separate us from God.

The residentiary canons and I are delighted to share with you the content of this leaflet, providing information about just some of the ways in which the cathedral is helping and encouraging us to use the weeks of Lent in a constructive, enjoyable way.

This year, all of us who are part of Ripon Cathedral are being asked to consider how we reflect God's love and generosity towards us by the way we lead our lives generally and in three specific areas of discipleship:

our routine of daily prayer;

ii. our commitment to regular worship;

iii. our support of God's mission with time, skills and money.

No one will opt for all that is on offer. Some will have the time and flexibility to attend groups and activities at the cathedral during the week, others will choose things which can be included in a busy routine away from the cathedral.

There is something for all ages and a broad spectrum of spiritualities – something for everyone.

I encourage you to enjoy making the most of Lent 2025.

With every blessing Dean John



A Prayer of Preparation for Lent, inspired by the writing of St. Augustine

Lord Jesus, our Saviour, let us now come to you:
Our hearts are cold; warm them with your selfless love.
Our hearts are sinful; cleanse them with your precious blood.
Our hearts are weak; strengthen them with your joyous Spirit.
Our hearts are empty; fill them with your divine presence.
Lord Jesus, our hearts are yours; possess them always and only for yourself.
Amen

A Prayer for Lent

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves
in obedience to your Spirit;
and as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord. Amen.

Lent Meditation

Tuesday 25 March at 2.00pm

Join Revd Toddy Hoare for a unique opportunity to reflect on scripture through sculpture, with a particular focus on his work representing the Annunciation. Revd Hoare, a trained sculptor, former soldier, and rural parish priest in North Yorkshire for 30 years, shares his passion for illustrating prayer through art.

Bible Talk with Dean John

Over three sessions, we will explore how the Old Testament helps us to understand Jesus and the New Testament, and how its different books and characters relate to each other.

Jesus revealed perfectly the faithful, loving redeeming nature of God. It was the same God who created the world and called Abraham in the hope that the ills of the world could be put to rights. It was the same God who called Moses, David, Malachi, and many more to help further his just and peaceful cause.

In a relaxed, enjoyable way, we will explore:

Session 1 - Tuesday 11 March

The books and history of the Old Testament

Session 2 – Tuesday 18 March

The faithfulness of God, his kingship and hopes for a Messiah

Session 3 – Tuesday 25 March

The King of the Jews - seen in St. John 18 - 19

All sessions are in Thorpe Prebend House, High St. Agnesgate, Ripon HG4 1QR starting at 7.30pm

Please, do bring your own copy of the Bible with you.

To book, please contact the Cathedral Office

Tel: 01765 603462 or email: judithbustard@riponcathedral.org.uk

Love your Neighbour, Love Creation and Act towards Net Zero Carbon 2030

Join the cathedral's Eco-Action group for two Lent talks.

Thursday 13 March

Seeking Sanctuary in Ripon: Supporting Refugee Families

A talk given by Yvonne Jefferies and Emma Wright with representatives of Syrian families now settling in Ripon.

Wednesday 2 April

Practical Steps for Churches and Congregations as they journey towards Carbon Net Zero

A talk given by Rose Gosling, who is an Eco Church Gold assessor and has inspired Summerbridge Methodist church to gain a Gold Eco Church award, and Peter Edwards, who has helped St Mary's Embsay church on their transition to Net Zero Carbon.

The talks take place at Thorpe Prebend House from 7.00pm until 9.00pm with refreshments being served from 6.30pm.

To book, please contact the Cathedral Office Tel: 01765 603462 or email: cathedraladmin@riponcathedral.org.uk



Why not come to Choral Evensong at 5.30pm first?

An Invitation to Observe a Holy Lent

Join us in the cathedral on Saturday 15 March for a Bishop's Quiet Day, led by the Right Revd Anna Eltringham, Bishop of Ripon and Canon Matthew Pollard, Canon Chancellor of Ripon Cathedral.

Teas and coffees served from 9.30am for a 10.00am start and finish at 2.30pm. Please bring your own packed lunch.

There is no charge for the day, but please book a place via the cathedral office.

Cathedral Prayer Diary

Prayer is at the heart of Christian discipleship, central to our relationship with God and ourselves.

There are many different ways to pray - it is often said that it is important to pray as we can, not as we can't.

Prayer and worship take place daily in the cathedral, there are at least three acts of worship every day of the year. Countless people - some known to us, many unknown – stream through the cathedral, pausing to pray and leaving prayer requests. In each of our services, we pray for the church and world, often aided by the Ripon Cathedral Prayer Diary.

The Prayer Diary can also be a resource for our personal prayer time each day, whether at home, in the office or on the train. Over each month we are prompted to pray for dimensions of the life of the cathedral, diocese, Church, city, region nation and world. By praying for a small number of things together each day, wherever we are, and at whatever time in the day suits each of us personally, we help to grow and strengthen the cathedral as a community of prayer.

This Lent, we have revised the Prayer Diary and are encouraging everyone to obtain a copy – either a printed booklet available from the cathedral, or online www.riponcathedral.org.uk/worship/ We encourage you to use it.

The Big Church Read: Wild Bright Hope Church of England's Lent Book for 2025

This hugely heartening book on hope will galvanise readers into looking at the world and the challenges we're facing in a new way.

It gathers together a fantastic range of lively, up-and-coming writers who are willing to dig deep. Here they write passionately about what gives them hope, in reflections including Seeds of unity, A beautiful and messy awakening, Kingdom diplomacy across faiths, A vision for hope in politics, Wild paths of peace and Hope in suffering.

Wild Bright Hope urges us not only to embrace a more hopeful perspective, but also to consider how we ourselves might play a full part in bringing in the kingdom of God.

Wild Bright Hope, as recommended by the Archbishop, 'reflections on faith' by a selection of authors. Available in paperback at £11.99. Copies of the book are available from the Cathedral Shop.



An opportunity to discuss the Lent Book with others is offered after the 10.00am Eucharist in the cathedral each Wednesday morning during Lent. This will be an informal, relaxed discussion over coffee in the South Transept, lasting no more than half an hour. Please, do join us.

12 March Chapters 1 and 2

19 March Chapters 3 and 4

26 March Chapters 5 and 6

2 April Chapters 7, 8 and 9

9 April Chapters 10, 11 and 12

Holy Week with The Bishop of Ripon

We are delighted that the Rt Revd Anna Eltringham, Bishop of Ripon, has accepted the Dean's invitation to lead us through Holy Week 2025 with addresses and sermons.

Bishop Anna will speak at each of the 7.30pm services of Compline on the Monday, Tuesday and Wednesday of Holy Week, also at the 7.30pm Maundy Thursday Eucharist, the Good Friday 12noon Preaching of the Cross, and the Easter Eve 7.30pm Vigil service.

In addition, Bishop Anna will preside at the 10.30am Festal Eucharist on Easter Day, at which the Dean will preach.

Bishop Anna writes:

Drawing inspiration from artwork and poetry, I look forward to journeying with you through the offering of Christ on the cross and towards the abundant life gifted to us through His resurrection on Easter Day. I pray that spending time together and with God will inspire hope amidst the pain and darkness that touches our world.

Palm Sunday 13th April 2025

Devotional Performance: 17.30

Come and Sing
Maunder: Olivet to Calvary

If you would like to sing, please book a place via the Cathedral's website.

Holy Week and Easter at Ripon Cathedral Sunday 13 - Sunday 20 April



The Right Reverend Anna Eltringham, Bishop of Ripon will be leading us through Holy Week giving an address each day, beginning with Compline on Monday

Palm Sunday 13 April

10.10am Procession to the cathedral from the marketplace

10.30am Sung Eucharist

5.30pm Olivet to Calvary: Come and Sing!

Monday - Wednesday 14 - 16 April

7.30pm Said/Sung Compline

Maundy Thursday 17 April

7.30pm Sung Eucharist and Watch until Midnight

Good Friday 18 April

10.30am Journey to Jerusalem

12noon Preaching of the Cross

1.30pm Good Friday Liturgy

Easter Eve 19 April

7.30pm Easter Eve Vigil

Easter Day 20 April

10.30am Festal Eucharist

3.30pm Festal Evensong



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